

ACIDIC MONOMERS IN UNIVERSAL BOND

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ABSTRACT:

Universal adhesives are the most recent generations of bonding agents used in composite dentistry, and they are an attempt to simplify and improve on previous generations. These are intended to be self-etch (SE) adhesives, etch-and-rinse (ER) adhesives, or SE adhesives on dentin and ER adhesives on enamel (a technique known as "selective enamel etching").

In contrast to etch-and-rinse systems, self-etch adhesive methods lessen the chance of iatrogenic mis-manipulation during acid conditioning, washing, and drying. Due to their lower acidity, SE materials are less able to etch enamel to the same depth as 37% phosphoric acid, which is probably why there are more cases of marginal darkening in the enamel margins of cervical restorations

Keywords: Universal bond, Acidic monomer, Self-etch adhesives, Total etch adhesives.

The acidic content of the SE bond was blamed for its degradation, as it increases the hydrophilicity of the adhesive layer and promotes water uptake and plasticization. As a result, simplified one-step adhesives have poor long-term performance. To address the shortcomings of previous generations of single-step self-etch adhesives, universal adhesives that allow for the application of the adhesive with phosphoric acid pre-etching in total etch or selective-etch approaches to achieve a durable bond to enamel have been developed and have shown promising results.

The modern SE systems use monomers that can form chemical and micromechanical bonds with tooth substrates, adhering to them. Since most of these adhesives contain particular carboxylate and/or phosphate monomers that bond ironically to calcium present in hydroxyapatite ($\text{Ca}_{10}[\text{PO}_4]_6[\text{OH}]_2$) and influence the bonding efficacy, their composition is a crucial consideration.¹

Over the past few decades, adhesive materials have made significant advancements. There are numerous generations of it that advocate for less bottles and stronger bonding.²

The eighth generation of bonding agents has recently been introduced by numerous firms.

1. The first benefit of the eighth generation is that they limit the number of bottles to one, similar to the seventh generation, which shortens the clinical process.
2. The penetration of resin monomers and the thickness of the hybrid layer are increased by the use of nano-size fillers, which also enhances the mechanical properties of the bonding systems.
3. Filled bonding agents have been found to form stronger bonds.
4. They have an extended shelf life
5. The monomer demonstrates stress-absorbing characteristics.³

Because there is no rinse after etching, it causes discomfort in the teeth, and the reduced acidity of etching reduces the bond strength, it has previously been difficult to make the bond strength in self-etching agents comparable to total etching agents.

Eighth generation bonding agents offer remarkable adaptability because they work with total-etch, self-etch, and selective-etch processes. These methods can be used to restore indirect restorations

without the need of priming and are perfectly adaptable to all direct restorations.

A unique combination of three functional monomers (4MET (4-methacryloxyethyltrimellitic acid), MDP (10-methacryloyloxydecyl dihydrogen phosphate), and MDTP (10-methacryloyloxydecyl dihydrogen thiophosphate), notably excluding HEMA, ensures excellent stability and exceptional bond strengths not only to tooth tissue but to all indirect substrates including composites, precious and non-precious metals.⁴

The universal adhesives include non-acidic emulsifying monomers, conventional dimethacrylate cross-linkers, monomer blends with mild to moderate acidity (phosphate, carboxylic, etc.) in reduced concentrations compared to their precursors, catalysts for light- or dual-curing, and a suitable selection of solvents to improve monomer spreading and substrate infiltration capacity.⁵

Biphenyl dimethacrylate (BPDM), dipentaerythritolpentaacrylate phosphoric acid ester (PENTA), and polyalkenoic acid copolymer are all components of MDP (methacryloyloxydecyl dihydrogen phosphate), which has been used for years to improve adhesion to tooth structures.

It is a low solubility calcium salt that interacts with hydroxyapatite by chemically attaching to the Ca²⁺ ions in the collagen fibrils or the hybrid layer and generating MDP-Ca salt. It is an ester of acidic composition that is utilised in self-etch adhesives. When MDP-Ca salt is deposited, it creates an acid-resistant zone because, in comparison to salts made by other functional monomers, it greatly increases the resistance to solubility.

Acidic monomers dissolve some of the minerals found in enamel or dentin and partially solubilize the smear layer. The bond's resilience and long-term seal are enhanced by MDP. The chemical characteristics of functional monomers like MDP allow them to form a strong connection with dentin.⁶

Because it is hydrophilic, 2-hydroxyethyl methyl methacrylate (HEMA) is a frequently used component in dentin bonding agents. In the presence of the moisture found in enamel and dentin, HEMA enables the bonding agent to bond and polymerize.

Nevertheless, HEMA's high hydrophilicity renders it susceptible to water sorption, which over time might weaken the link between collagen fibres and raise the risk of marginal staining and recurrent caries.⁷

While MDP increases the stability of the restoration margin and shear bond strength, which prolongs durability. By preventing water sorption, the bonding layer won't gradually deteriorate over time. Additionally, the lack of HEMA makes it harder for moisture to stick to the collagen fibres in the hybrid layer. Additionally, with MDP, neither of those fibres in the hybrid layer degrades.

In comparison to 4-MET, the functional monomer 10-methacryloyloxydecyl dihydrogen phosphate (10-MDP) forms a stronger connection with hydroxyapatite (HA). The 4-MET promotes enamel and dentin bonding. Resin and non-precious metals gain a connection thanks to the MDP. The bond to precious metals is covered by the MDTP.⁸

CONCLUSION

Recent years have seen a significant improvement in dentin bonding agents. The "total-etch" process, in which the smear layer is eliminated concurrently with the enamel etching, represents the significant advancement. The primers and bonding agents of multi-component systems and a combination primer/agent of one-bottle systems offer a striking bond to both the collagen and etched hydroxyapatite of the dentin. Although dentin bonding agents are not yet regarded as "perfect" materials, they are unquestionably close. The improved marginal seal, decreased microleakage, and improved resin flow into the fissures are other benefits of the new adhesive systems in addition to their potential to lessen or completely eliminate postoperative sensitivity.

It is without a doubt a worthwhile avenue to pursue to continue improving tooth adhesion to generate functional monomers with strong and stable chemical affinities to hydroxyapatite. In order to determine whether the composite restoration will be successful over the long term, long-term ageing must also be evaluated. More controlled clinical trials are hoped for, allowing material and technique decisions to be made on a scientific

basis. Research is ongoing, and each new generation product gets closer to being perfect.

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